



Preparing Boys
for the Long Run

Let Me Run is a 7-week running program just for elementary and middle school aged boys. Using a proven curriculum and passionate coaches, boys learn goal setting and teamwork, while developing resilience, confidence to be themselves and relationship skills.



Join Let Me Run at Stonegate!

The Season

- The season begins on April 22, 2025
- Practice on Tuesdays and Thursdays from 3:30-4:45 for 7 weeks
- The end of season 5k is on Saturday, June 7, 2025
- The team coaches are Coach Congress, Coach Allen, Coach George, and Coach Monday

The Details

- Open to boys from grades 3-5 of all ability levels

To register, go to letmerun.org/registration

