

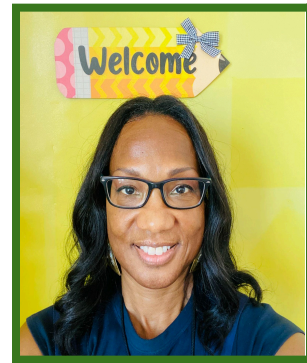
# Welcome to

## Glenallan's Counselor's Corner

### Meet Our Counselors



**Mrs. Karen Dobson**  
[Karen\\_Dobson@mcpsmd.org](mailto:Karen_Dobson@mcpsmd.org)



**Ms. Kimberly Starks**  
[Kimberly\\_Starks@mcpsmd.org](mailto:Kimberly_Starks@mcpsmd.org)

## Services provided by counselor at School:

- Character Education
- Counseling Services
- Classroom Counseling Lessons
- Small Groups

## Resources for Parents:

- [Websites for Parents](#)
- [Center for Anxiety and Behavioral Change](#)- Adult and Family Therapeutic Support
- [Caring Matters](#) - Hospice and Grief Support for Families
- [Thrive Therapeutic Services](#)
- Kennedy Cluster Project (Counselor Referral Required)
- Additional resources (Counselor Referral Required)

# Emergency Phone Number Resources

- Crisis Center Hotline: 240-777-4000/240-777-4190
- Youth Crisis Hotline: 301-738-9697
- Child Abuse and Neglect Hotline: 240-777-4417
- Spouse Abuse/Abused Persons Crisis Line: 240-777-4673
- Emergency Shelter: 240-777-4000

## Websites for Parents

[MCPS Parent Academy Seminars](#)

[Attention Deficit Disorder Resources](#) ([additudemag.com/](http://additudemag.com/) )

[Children and Adults with Attention Deficit/Hyperactivity Disorder](#)  
(<https://chadd.org/>)

[ADHD Resources and Links](#)

[Autism Society of America](#) (<https://autismsociety.org/>)

[Autism Speaks](#) ([www.autismspeaks.org](http://www.autismspeaks.org))

[Kids Against Bullying](#) ( [www.pacerkidsagainstbullying.org](http://www.pacerkidsagainstbullying.org) )

[Stop Bullying](#) ( <https://www.stopbullying.gov/>)

[National Alliance on Mental Health](#) ([www.nami.org](http://www.nami.org))

[Bureau of Labor Statistics-Career Information](#) ( <http://www.bls.gov/k12/>)