

Physical Providers 2024–2025

Updated: 9/3/24

You must have your Physical Authorization Form with you to receive a renewal physical. The MVA and MCPS require a **ONE-YEAR** DOT card. Please see your depot secretary if your physical is due and you have not received a physical authorization form. You may only visit one of the MCPS-approved providers below.

It is **YOUR** responsibility to submit your updated DOT card to the MVA. You may use the myMVA eServices portal at: [https://mymva.maryland.gov/TAP/IND/ /](https://mymva.maryland.gov/TAP/IND/)

Briggs Chaney Clinic

13823 Outlet Drive
Silver Spring, Maryland 20904
P: 301-890-8000 | Fax: 301-890-1485
Monday–Friday 9:00 a.m.–7:00 p.m.
Saturday & Sunday 9:00 a.m.–5:00 p.m.
Holidays 10:00 a.m.–4:00 p.m.

Frederick Health Employer Solutions

490-L Prospect Blvd
Frederick, MD 21701
P: 240-566-3001 | F: 240-566-3003
Monday–Friday 7:00 a.m.–5:00 p.m.

Carroll Occupational Health (Westminster)

700 B Corporate Center Ct
Westminster, MD 21157
P: 410-871-0470 | F: 410-871-0743
Monday–Friday 7:00 a.m.–5:00 p.m.

Tru Health Now (formerly Medical Access)

12321 Middlebrook Drive #101
Germantown, Maryland 20874
P: 301-428-1070 | F: 301-428-3192
Monday–Friday 8:00 a.m.–8:00 p.m.
Saturday & Sunday 8:00 a.m.–4:00 p.m.

Please note: You **CANNOT** drive for MCPS with an expired DOT card. If you have existing medical conditions, take a letter from your primary care physician when you go for your DOT physical examination. Examples would be a heart condition, diabetes, high blood pressure, etc.