

Employee and Retiree Service Center
The Bulletin—October 1, 2025

***MCPS on the Move* Returns!**

This fall, we are reprising the Montgomery County Public Schools (*MCPS on the Move*) physical activity challenge. The challenge begins on Monday, October 6, 2025. Continue Well Aware's goal of building long-lasting healthy habits. Participate as an individual, or on a team. Schools and offices can work together and create their own *MCPS on the Move* teams, encourage activity, and support each other through this six-week activity challenge. [Learn more.](#)